

The Long Term Care Discussion Group

A voluntary independent group that meets solely for the purpose of educating the policy community on all facets of long term care

Thursday, April 18, 2013

10:00 a.m. Eastern Time

**AARP Offices ~ 601 E Street, NW,
Conference Room B2-130 Washington, DC**

(Please note – you must RSVP in advance for building access)

Topic: Family Caregivers Providing Complex Chronic Care

Speaker: [SUSAN C. REINHARD, RN, PhD, FAAN](#)

The AARP Public Policy Institute and United Hospital Fund recently collaborated on the first in-depth national survey of family caregivers, “Home Alone: Family Caregivers Providing Complex Chronic Care.” Dr. Susan Reinhard will report on the findings, including what medical/nursing tasks family caregivers perform, what they find difficult, who trains them and the impact of caregiving on their quality of life. The work grew out of a concern that training and support for family caregivers is based on outmoded assumptions and measures which were not intended to describe or assess family caregivers. Today’s aging population with multiple chronic conditions and disabilities -- plus increased use of medications -- has changed caregiving responsibilities. Learn about the study’s key findings and recommendations for those caregivers who are “home alone.”

Susan C. Reinhard, Senior Vice President for Public Policy at AARP, directs the AARP Public Policy Institute. Previously, she served as a professor and co-director of the Rutgers Center for State Health Policy. She is a national expert in long term care, with special expertise helping people manage chronic disabilities at home. She began her career as a visiting nurse. Later, as Deputy Commissioner for the New Jersey Department of Health and Senior Services, she worked with three governors to develop new programs for home care and respite for family caregivers. She also co-founded the Institute for the Future of Aging Services and served as its Executive Director of the Center for Medicare Education. She holds a master's degree in nursing from the University of Cincinnati, and a Ph.D., in Sociology from Rutgers, The State University of New Jersey.

Please RSVP to Jenifer Allen at JAllen@univitahealth.com

Long Term Care Discussion Group Co-Chairs:

Winthrop Cashdollar, John Cutler, Hunter McKay (ex-officio), Karl Polzer, Jill Randolph, and Eileen J. Tell

The Long Term Care Discussion Group sessions are intended as a forum for candid discussion. Dialogue and comments made during sessions should be treated as confidential.

For more information about the Long Term Care Discussion Group, and to access materials and information relating to previous meetings, visit www.ltcdiscussiongroup.org