CareMore Health
THE TOGETHERNESS PROGRAM

May 30, 2019
Togetherness Patient Profile

- Lives alone
- Spends majority of the day in isolation
- Average age 74
- 40% Male 60% Female
- Senior caregivers with little support
- No social support
- Self-reported as lonely or isolated
- New widowed with little support
CareMore Health Togetherness Program

Our Goals:
• Re-engage in Healthcare
• Connect to Community Based Organizations for Socialization and SDoH
• Increase physical activity

The Togetherness Program’s initial efforts are focused on building personal connections with at-risk patients through consistent and positive engagement.
Three channels of intervention

Virtually via Phone Pal

In-person at home

In-person at Care Center
Togetherness Social Space in our Care Center
23,700 + Calls and visits
1,800 + referrals to resources & programs
57% ↑ participation in exercise programs
21% ↓ hospital readmissions
= Lives Changed

*Preliminary results based on internal and preliminary reporting, on 12 months of utilization, and subject to change as additional data is received. Participation in exercise programs increased by 56.6% for the program’s participants compared to those not involved in the program. Hospital admissions per thousand members among program participants are 20.8% lower than admissions among the intent to treat population.
Questions?

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